

| Testimonial from Rachel Heisler

Copyright Elizabeth Valsala reikiabq@gmail.com
<https://reikiabq.com/2010/09/rachel-heisler/>

Testimonial from Rachel Heisler

"With Reiki treatments with Elizabeth, I instantly began sleeping better, and I'm also able to sleep less because I'm sleeping deeper each night. I'm also dreaming again. Finally, I am able to handle stressful days and situations with much more ease.

~Rachel Heisler