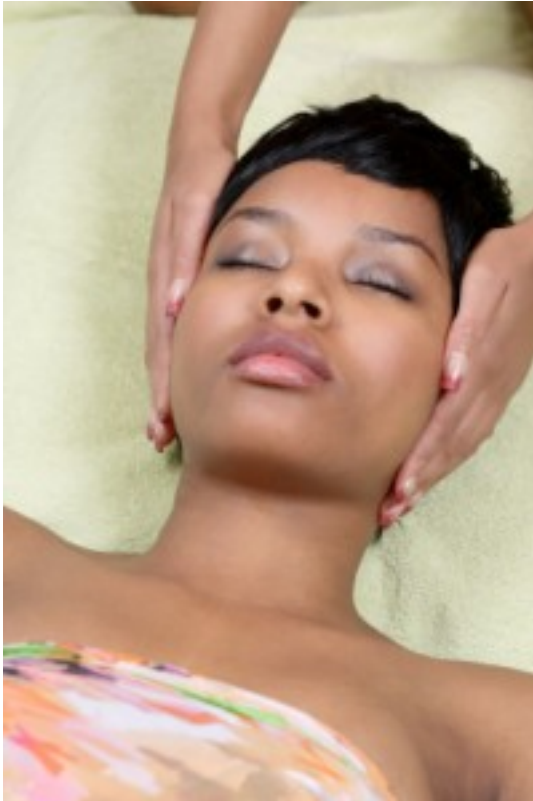


Reiki Treatments

"After Elizabeth's treatments, I experienced renewed hope after months of deep depression due to grief. I now wake up rested and motivated." -Anastasia

Hands-On Reiki Treatment



During a Reiki treatment, you are fully clothed. Your practitioner's hands rest for several minutes at designated positions on your head, upper chest, abdomen and back, and also specific areas in need.

As you relax, the subtle Reiki energy flows, releasing stress, fatigue and pain. This gentle contact connects you with your healing source. It can restore vitality, optimism and clarity, accelerate any healing in progress, and may impart a sense of peace and being gently cared for. Reiki is vital life force energy, the fuel your body/mind/spirit uses to heal itself.

Reiki empowers your authentic self and facilitates your body's own natural healing process. It is uniquely different with each use, as the recipient absorbs the Reiki energy according to need. Reiki usually "feels good" and can help you feel much better as you heal. Most people sleep better after a Reiki treatment.

It is not necessary to believe that Reiki will work for it to be successful. Reiki heals the whole person—in body, mind and spirit.

Full-length Hands-on Treatment

| Reiki Treatments

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<https://reikiabq.com/reiki-treatment/>

Time: 90 minutes of Reiki in a 2-hour session, **Cost:** \$90

4 Full-length Treatments in 4 days: \$333

Brief Basic Hands-on Treatment

Time: 60 minutes of Reiki in an 80-minute session , **Cost:** \$60

The Mental Treatment

Time: 45 minutes of Reiki in a 1 hour session, **Cost:** \$45

Pay with cash, check, or credit card.
Tax is already included in treatment fees.
A trip charge is added to outcalls.
A small fee will be added to credit card transactions.
Sliding scale available.
Print, read and sign these Client Forms and bring them with you:

- 1- [Provider Information](#)
- 2- [Confidentiality Form](#)

Distance Treatment

You can receive Reiki as a distance (absentee, remote) treatment.
Schedule your appointment, prepay by cash, check or credit card, and prepare to relax and receive at the scheduled time. If possible, send a photo of yourself prior to your appointment. Phone conversations may take place both before and after your session, depending on the time of day and your preference.
(**Time:** 21-30 minutes, **Cost:** \$30)
(**Time:** 65-75 minutes, **Cost:** \$60)

Treatment Protocol

A Reiki treatment consists of a sequence of hand placements on a fully-clothed body. Prescribed treatment protocol is to start with four treatments in four consecutive days. Subsequent treatments are scheduled with input from both the recipient and the practitioner. Consecutive days of treatment may continue for days, weeks or months. In many cases, the client will return weekly, then bi-weekly, then monthly.

Also available is a sequence of 21 consecutive days of treatment. This is frequently selected by those who seek accelerated personal growth or a spiritual breakthrough. It may also be chosen by someone who wants to rebuild their personal energy levels, or get a fresh start with freedom from old ways of being.

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